

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Wit Tessa

Coaches: Theunissen Davey

Coaches: Smet Kathleen

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11+ Heat:3, starttime: 08:38

Heat: 3/9 Lane : 6 Athlete: GRIETEN ARTHUR Q-time: 03:32:47

PB (50m pool): no time PB (25m pool): 03:32.47 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+ Heat:4, starttime: 08:42

Heat: 4/9 Lane : 3 Athlete: HENNING LIAM Q-time: 03:19:25

PB (50m pool): 03:56.15 SportinGenk Park 21/04/2025 PB (25m pool): 03:19.25 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:56.15	
	no time				
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+ Heat:5, starttime: 08:46

Heat: 5/9 Lane : 3 Athlete: MOORS LIAM Q-time: 03:05:17

PB (50m pool): no time PB (25m pool): 03:05.17 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 1: 200M MEDLEY MEN 11+					Heat:7, starttime: 08:54
Heat: 7/9 Lane : 3 Athlete: LEMMENS LARS					Q-time: 02:40:96
PB (50m pool): 03:00.57 Antwerpen 13/07/2025					PB (25m pool): 02:40.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.69	01:25.71	02:19.32	03:00.57	
	00:38.69	00:47.02	00:53.61	00:41.25	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:8, starttime: 08:57
Heat: 8/9 Lane : 2 Athlete: DEGRAEN DIEGO					Q-time: 02:34:79
PB (50m pool): 02:44.09 Genk 01/02/2026					PB (25m pool): 02:34.79 SB: 02:44.09 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.68	01:19.92	02:06.52	02:44.09	
	00:33.68	00:46.24	00:46.60	00:37.57	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:8, starttime: 08:57
Heat: 8/9 Lane : 7 Athlete: CLAES PEPIJN					Q-time: 02:35:18
PB (50m pool): 02:47.95 Antwerpen 13/07/2025					PB (25m pool): 02:35.18 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.65	01:20.49	02:06.10	02:47.95	
	00:36.65	00:43.84	00:45.61	00:41.85	
					

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+					Heat:9, starttime: 09:00
Heat: 9/9 Lane : 1 Athlete: THEUNISSEN TOON					Q-time: 02:29:53
PB (50m pool): 02:29.53 Seraing 26/01/2025					PB (25m pool): 02:24.46 SB: 02:30.71 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.02	01:11.82	01:57.21	02:29.53	
	00:31.02	00:40.80	00:45.39	00:32.32	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 09:08
Heat: 2/10 Lane : 4 Athlete: OOMS CÉLIA					Q-time: 03:30:69
PB (50m pool): no time PB (25m pool): 03:30.69 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 09:13
Heat: 3/10 Lane : 2 Athlete: SIMONS FENA					Q-time: 03:25:52
PB (50m pool): no time PB (25m pool): 03:25.52 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 09:13
Heat: 3/10 Lane : 7 Athlete: KERFS LENTEL					Q-time: 03:26:26
PB (50m pool): 03:26.26 SportinGenk Park 11/11/2025 PB (25m pool): no time SB: 03:26.26 SportinGenk Park 11/11/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:26.26	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 09:20
Heat: 5/10 Lane : 2 Athlete: SWINNEN PAULIEN					Q-time: 03:04:18
PB (50m pool): 03:15.40 Antwerpen 13/07/2025 PB (25m pool): 03:04.18 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.98	01:35.88	02:30.33	03:15.40	
	00:41.98	00:53.90	00:54.45	00:45.07	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 09:24
Heat: 6/10 Lane : 1 Athlete: MEYERS TRAPMAN ANNALINA					Q-time: 03:01:75
PB (50m pool): 03:24.88 Antwerpen 13/07/2025					PB (25m pool): 03:01.75 SB: no time
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	00:47.87	01:40.09	02:37.44	03:24.88	
	00:47.87	00:52.22	00:57.35	00:47.44	
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:6, starttime: 09:24
Heat: 6/10 Lane : 8 Athlete: CLAESKENS LINA					Q-time: 03:02:64
PB (50m pool): 03:01.72 Antwerpen 17/07/2022					PB (25m pool): 02:57.28 SB: no time
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	03:01.72	
	no time				
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:8, starttime: 09:31
Heat: 8/10 Lane : 2 Athlete: HIEL LINA					Q-time: 02:49:54
PB (50m pool): 02:49.54 Seraing 26/01/2025					PB (25m pool): 02:41.19 SB: no time
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	00:33.69	01:20.57	02:10.10	02:49.54	
	00:33.69	00:46.88	00:49.53	00:39.44	
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+					Heat:8, starttime: 09:31
Heat: 8/10 Lane : 7 Athlete: NIJS ALANI					Q-time: 02:49:68
PB (50m pool): 03:08.85 SportinGenk Park 11/11/2025					PB (25m pool): 02:49.68 SB: 03:08.85 SportinGenk Park 11/11/2025
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	03:08.85	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 2: 200M MEDLEY WOMEN 11+				Heat:8, starttime: 09:31	
Heat: 8/10 Lane : 8 Athlete: VREYS ANSE				Q-time: 02:50:81	
PB (50m pool): 02:50.81 Antwerpen 08/03/2026				PB (25m pool): 02:57.01 SB: 02:50.81 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.98	01:26.82	02:13.67	02:50.81	
	00:38.98	00:47.84	00:46.85	00:37.14	
					

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+				Heat:10, starttime: 09:38	
Heat: 10/10 Lane : 3 Athlete: VAN HEES LENTHEL				Q-time: 02:37:70	
PB (50m pool): 02:42.97 Seraing 14/05/2026				PB (25m pool): 02:37.70 SB: 02:42.97 Seraing 14/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.17	01:19.60	02:07.45	02:42.97	
	00:35.17	00:44.43	00:47.85	00:35.52	
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:3, starttime: 09:47	
Heat: 3/4 Lane : 1 Athlete: VERSCHAEREN JESPER				Q-time: 02:01:09	
PB (50m pool): no time				PB (25m pool): 02:01.09 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 1 Athlete: KILIC EYMEN				Q-time: 01:49:72	
PB (50m pool): 02:00.44 SportinGenk Park 11/11/2025				PB (25m pool): 01:49.72 SB: 02:00.44 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M			
PB	no time	02:00.44			
	no time				
					

Coach feedback:

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Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 2 Athlete: TIRI LILY				Q-time: 01:47:80	
PB (50m pool): 01:50.30 SportinGenk Park 06/04/2026				PB (25m pool): 01:47.80 SB: 01:50.30 SportinGenk Park 06/04/2026	
	5 0 M	1 0 0 M			
PB	00:52.62	01:50.30			
	00:52.62	00:57.68			
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 4 Athlete: JANSSEN FÉLINE				Q-time: 01:43:31	
PB (50m pool): 01:47.90 SportinGenk Park 11/11/2025				PB (25m pool): 01:43.31 SB: 01:47.90 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M			
PB	no time	01:47.90			
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9				Heat:4, starttime: 09:50	
Heat: 4/4 Lane : 5 Athlete: MEYERS TRAPMAN SANDER				Q-time: 01:44:72	
PB (50m pool): 02:01.40 SportinGenk Park 21/04/2025				PB (25m pool): 01:44.72 SB: no time	
	5 0 M	1 0 0 M			
PB	no time	02:01.40			
	no time				
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 13+				Heat:2, starttime: 09:57	
Heat: 2/3 Lane : 5 Athlete: JANSSEN THIBE				Q-time: 02:57:00	
PB (50m pool): 02:57.00 Genk 01/02/2026				PB (25m pool): 02:58.55 SB: 02:57.00 Genk 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.34	01:24.79	02:12.04	02:57.00	
	00:39.34	00:45.45	00:47.25	00:44.96	
					

Coach feedback:

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Event number: 4: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:01
Heat: 3/3 Lane : 2 Athlete: VERSCHAEREN LANDER					Q-time: 02:44:94
PB (50m pool): 02:44.94 Aalst 28/06/2025					PB (25m pool): 02:43.50 SB: 02:49.20 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.03	01:18.79	02:02.98	02:44.94	
	00:36.03	00:42.76	00:44.19	00:41.96	
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:01
Heat: 3/3 Lane : 5 Athlete: BAELEN TOBE					Q-time: 02:35:38
PB (50m pool): 02:46.98 Seraing 26/01/2025					PB (25m pool): 02:35.38 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.51	01:20.36	02:05.07	02:46.98	
	00:37.51	00:42.85	00:44.71	00:41.91	
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:01
Heat: 3/3 Lane : 6 Athlete: BIRLOGEANU LUCA					Q-time: 02:40:33
PB (50m pool): 02:56.68 Genk 01/02/2026					PB (25m pool): 02:40.33 SB: 02:56.68 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.35	01:23.50	02:10.75	02:56.68	
	00:38.35	00:45.15	00:47.25	00:45.93	
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:01
Heat: 3/3 Lane : 8 Athlete: DEGRAEN DIEGO					Q-time: 02:47:74
PB (50m pool): no time					PB (25m pool): 02:47.74 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 10:05
Heat: 1/4 Lane : 5 Athlete: MOONS AURÉLIE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 10:13
Heat: 3/4 Lane : 1 Athlete: MOORS NORA					Q-time: 03:15:68
PB (50m pool): 03:15.68 Genk 01/02/2026 PB (25m pool): 03:22.57 SB: 03:15.68 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.19	01:34.99	02:27.12	03:15.68	
	00:43.19	00:51.80	00:52.13	00:48.56	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 10:13
Heat: 3/4 Lane : 6 Athlete: LAMBRECHTS ANAÏS					Q-time: 03:12:83
PB (50m pool): 03:12.83 Genk 01/02/2026 PB (25m pool): 03:16.82 SB: 03:12.83 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.58	01:32.07	02:23.25	03:12.83	
	00:42.58	00:49.49	00:51.18	00:49.58	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 10:13
Heat: 3/4 Lane : 7 Athlete: BREBELS MAARTJE					Q-time: 03:14:50
PB (50m pool): 03:14.50 Genk 01/02/2026 PB (25m pool): 03:19.12 SB: 03:14.50 Genk 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.87	01:33.13	02:25.61	03:14.50	
	00:42.87	00:50.26	00:52.48	00:48.89	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 10:17
Heat: 4/4 Lane : 1 Athlete: BEERTEN FLORENCE					Q-time: 03:08:78
PB (50m pool): 03:12.00 Genk 01/02/2026					PB (25m pool): 03:08.78 SB: 03:12.00 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.14	01:32.60	02:22.71	03:12.00	
	00:43.14	00:49.46	00:50.11	00:49.29	
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 10:17
Heat: 4/4 Lane : 2 Athlete: MOORS YANA					Q-time: 03:01:65
PB (50m pool): 03:02.34 SportinGenk Park 08/03/2025					PB (25m pool): 02:56.01 SB: 03:04.69 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:30.59	no time	03:02.34	
	no time				
					

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 10:17
Heat: 4/4 Lane : 4 Athlete: ENGELEN FLOOR					Q-time: 02:53:75
PB (50m pool): 03:15.39 SportinGenk Park 08/03/2025					PB (25m pool): 02:53.75 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:31.53	no time	03:15.39	
	no time				
					

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 10:21
Heat: 1/5 Lane : 2 Athlete: HENNING LIAM					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 10:24
Heat: 2/5 Lane : 5 Athlete: HERMANS YESSE			Q-time: 01:19:54
PB (50m pool): 01:22.63 Genk 01/02/2026			PB (25m pool): 01:19.54 SB: 01:22.63 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:37.22	01:22.63	
	00:37.22	00:45.41	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:26
Heat: 3/5 Lane : 3 Athlete: VERTESEN WOUT			Q-time: 01:09:84
PB (50m pool): 01:12.14 Antwerpen 08/03/2026			PB (25m pool): 01:09.84 SB: 01:12.14 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:33.49	01:12.14	
	00:33.49	00:38.65	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:26
Heat: 3/5 Lane : 6 Athlete: POELMANS KEANO			Q-time: 01:12:18
PB (50m pool): 01:12.18 Antwerpen 13/07/2025			PB (25m pool): 01:10.50 SB: 01:13.82 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.59	01:12.18	
	00:32.59	00:39.59	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 10:26
Heat: 3/5 Lane : 8 Athlete: LEMMENS LARS			Q-time: 01:17:67
PB (50m pool): 01:17.67 Antwerpen 15/03/2026			PB (25m pool): 01:20.36 SB: 01:17.67 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.03	01:17.67	
	00:35.03	00:42.64	
			

Coach feedback:

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Event number: 6: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:30
Heat: 5/5 Lane : 1 Athlete: BAELEN SIEBE			Q-time: 01:03:43
PB (50m pool): 01:03.43 Mol 22/06/2025			PB (25m pool): 01:02.18 SB: 01:04.03 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:28.75	01:03.43	
	00:28.75	00:34.68	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:30
Heat: 5/5 Lane : 2 Athlete: CETINKAYA DORUK			Q-time: 01:03:30
PB (50m pool): 01:03.69 Genk 01/02/2026			PB (25m pool): 01:03.30 SB: 01:03.69 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.83	01:03.69	
	00:29.83	00:33.86	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:30
Heat: 5/5 Lane : 3 Athlete: JORISSEN RUBE			Q-time: 01:03:11
PB (50m pool): 01:03.11 SportinGenk Park 06/04/2026			PB (25m pool): 01:02.79 SB: 01:03.11 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:29.62	01:03.11	
	00:29.62	00:33.49	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:30
Heat: 5/5 Lane : 7 Athlete: CLAESKENS MILAN			Q-time: 01:03:32
PB (50m pool): 01:03.32 Genk 01/02/2026			PB (25m pool): 01:01.92 SB: 01:03.32 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.60	01:03.32	
	00:29.60	00:33.72	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:1, starttime: 10:32
Heat: 1/4 Lane : 2 Athlete: MOONS CHARLINE			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 10:34
Heat: 2/4 Lane : 8 Athlete: POEL OONA			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:36
Heat: 3/4 Lane : 1 Athlete: CLAESKENS LINA			Q-time: 01:25:30
PB (50m pool): 01:24.98 Antwerpen 17/07/2022 PB (25m pool): 01:23.31 SB: 01:28.79 SportinGenk Park 06/04/2026			
	5 0 M	1 0 0 M	
PB	no time	01:24.98	
	no time		
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:3, starttime: 10:36
Heat: 3/4 Lane : 8 Athlete: CLAES JANNE			Q-time: 01:27:25
PB (50m pool): 01:39.79 Antwerpen 20/07/2025 PB (25m pool): 01:27.25 SB: no time			
	5 0 M	1 0 0 M	
PB	00:45.48	01:39.79	
	00:45.48	00:54.31	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:38
Heat: 4/4 Lane : 4 Athlete: PUT FIEN			Q-time: 01:09:58
PB (50m pool): 01:12.59 Antwerpen 20/07/2025			PB (25m pool): 01:09.58 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.11	01:12.59	
	00:34.11	00:38.48	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:38
Heat: 4/4 Lane : 7 Athlete: ARDU PEPPA JOLENE			Q-time: 01:16:62
PB (50m pool): 01:22.79 SportinGenk Park 21/04/2025			PB (25m pool): 01:16.62 SB: 01:23.38 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:38.63	01:22.79	
	00:38.63	00:44.16	
			

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 10:38
Heat: 4/4 Lane : 8 Athlete: HIEL LINA			Q-time: 01:17:59
PB (50m pool): 01:17.59 SportinGenk Park 21/04/2025			PB (25m pool): 01:13.58 SB: 01:18.37 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:33.63	01:17.59	
	00:33.63	00:43.96	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 2 Athlete: JANSSEN FÉLINE			Q-time: 01:33:75
PB (50m pool): 01:34.54 SportinGenk Park 06/04/2026			PB (25m pool): 01:33.75 SB: 01:34.54 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:46.20	01:34.54	
	00:46.20	00:48.34	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 3 Athlete: MEYERS TRAPMAN SANDER			Q-time: 01:32:86
PB (50m pool): 01:38.22 SportinGenk Park 06/04/2026			PB (25m pool): 01:32.86 SB: 01:38.22 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:48.25	01:38.22	
	00:48.25	00:49.97	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 5 Athlete: VERSCHAEREN JESPER			Q-time: 01:31:98
PB (50m pool): 01:43.09 SportinGenk Park 11/11/2025			PB (25m pool): 01:31.98 SB: 01:43.09 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:43.09	
	no time		
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 7 Athlete: TIRI LILY			Q-time: 01:33:84
PB (50m pool): 01:34.93 SportinGenk Park 06/04/2026			PB (25m pool): 01:33.84 SB: 01:34.93 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:46.96	01:34.93	
	00:46.96	00:47.97	
			

Coach feedback:

Event number: 8: 100M BACKSTROKE MIXED 10-9			Heat:4, starttime: 10:48
Heat: 4/4 Lane : 8 Athlete: KILIC EYMEN			Q-time: 01:41:70
PB (50m pool): 01:43.98 SportinGenk Park 06/04/2026			PB (25m pool): 01:41.70 SB: 01:43.98 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:49.73	01:43.98	
	00:49.73	00:54.25	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 9: 200M FREESTYLE MEN 13+					Heat:5, starttime: 11:04
Heat: 5/5 Lane : 5 Athlete: BAELEN TOBE					Q-time: 02:05:76
PB (50m pool): 02:05.76 Seraing 26/01/2025			PB (25m pool): 01:55.38 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.27	01:02.01	01:35.10	02:05.76	
	00:29.27	00:32.74	00:33.09	00:30.66	
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:5, starttime: 11:21
Heat: 5/7 Lane : 8 Athlete: NIJS ALANI					Q-time: 02:30:92
PB (50m pool): 02:43.85 Genk 01/02/2026			PB (25m pool): 02:30.92 SB: 02:43.85 Genk 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.03	01:16.86	02:01.45	02:43.85	
	00:35.03	00:41.83	00:44.59	00:42.40	
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:6, starttime: 11:24
Heat: 6/7 Lane : 5 Athlete: ENGELEN FLOOR					Q-time: 02:21:82
PB (50m pool): 02:27.81 SportinGenk Park 01/03/2025			PB (25m pool): 02:21.82 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:12.11	no time	02:27.81	
	no time				
					

Coach feedback:

Event number: 10: 200M FREESTYLE WOMEN 13+					Heat:7, starttime: 11:26
Heat: 7/7 Lane : 1 Athlete: POEL MAREN					Q-time: 02:19:95
PB (50m pool): 02:21.85 Antwerpen 20/07/2025			PB (25m pool): 02:19.95 SB: 02:22.34 Genk 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.60	01:08.46	01:45.86	02:21.85	
	00:32.60	00:35.86	00:37.40	00:35.99	
					

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 11:37
Heat: 2/10 Lane : 2 Athlete: GRIETEN ARTHUR			Q-time: 01:44:72
PB (50m pool): 01:44.72 Genk 01/02/2026			PB (25m pool): 01:50.41 SB: 01:44.72 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:50.64	01:44.72	
	00:50.64	00:54.08	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:44
Heat: 5/10 Lane : 5 Athlete: MOORS LIAM			Q-time: 01:27:21
PB (50m pool): 01:30.96 Antwerpen 13/07/2025			PB (25m pool): 01:27.21 SB: 01:30.99 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:43.51	01:30.96	
	00:43.51	00:47.45	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:49
Heat: 7/10 Lane : 4 Athlete: VERTESEN WOUT			Q-time: 01:15:46
PB (50m pool): 01:18.32 SportinGenk Park 06/04/2026			PB (25m pool): 01:15.46 SB: 01:18.32 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:38.30	01:18.32	
	00:38.30	00:40.02	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:51
Heat: 8/10 Lane : 4 Athlete: POELMANS KEANO			Q-time: 01:12:96
PB (50m pool): 01:12.96 Antwerpen 15/03/2026			PB (25m pool): 01:11.28 SB: 01:12.96 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.21	01:12.96	
	00:35.21	00:37.75	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 11:51
Heat: 8/10 Lane : 7 Athlete: VERSCHAEREN LANDER			Q-time: 01:14:88
PB (50m pool): 01:14.88 Wezenberg 03/01/2026			PB (25m pool): 01:12.31 SB: 01:14.88 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.23	01:14.88	
	00:36.23	00:38.65	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 11:53
Heat: 9/10 Lane : 3 Athlete: THEUNISSEN TOON			Q-time: 01:10:32
PB (50m pool): 01:10.32 Wezenberg 03/01/2026			PB (25m pool): 01:10.21 SB: 01:10.32 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:34.72	01:10.32	
	00:34.72	00:35.60	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 11:53
Heat: 9/10 Lane : 4 Athlete: FREDERIX LOU			Q-time: 01:09:34
PB (50m pool): 01:09.43 Antwerpen 15/03/2026			PB (25m pool): 01:07.30 SB: 01:09.43 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.01	01:09.43	
	00:34.01	00:35.42	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:10, starttime: 11:54
Heat: 10/10 Lane : 4 Athlete: BAELEN SIEBE			Q-time: 01:03:80
PB (50m pool): 01:03.80 Genk 01/02/2026			PB (25m pool): 01:01.51 SB: 01:03.80 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.80	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:10, starttime: 11:54
Heat: 10/10 Lane : 7 Athlete: CETINKAYA DORUK			Q-time: 01:06:94
PB (50m pool): 01:06.94 Genk 01/02/2026			PB (25m pool): 01:06.92 SB: 01:06.94 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.79	01:06.94	
	00:32.79	00:34.15	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:2, starttime: 11:59
Heat: 2/11 Lane : 4 Athlete: OOMS CÉLIA			Q-time: 01:38:40
PB (50m pool): 01:44.92 Antwerpen 15/03/2026			PB (25m pool): 01:38.40 SB: 01:44.92 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:51.11	01:44.92	
	00:51.11	00:53.81	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 12:02
Heat: 3/11 Lane : 7 Athlete: SIMONS FENA			Q-time: 01:33:69
PB (50m pool): 01:36.13 Wezenberg 04/01/2026			PB (25m pool): 01:33.69 SB: 01:36.13 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:46.18	01:36.13	
	00:46.18	00:49.95	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 12:04
Heat: 4/11 Lane : 1 Athlete: LAMBRECHTS ANAÏS			Q-time: 01:31:13
PB (50m pool): 01:31.13 Genk 01/02/2026			PB (25m pool): 01:38.29 SB: 01:31.13 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:44.28	01:31.13	
	00:44.28	00:46.85	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 12:04
Heat: 4/11 Lane : 3 Athlete: SWINNEN PAULIEN			Q-time: 01:30:00
PB (50m pool): 01:32.46 Wezenberg 04/01/2026			PB (25m pool): 01:30.00 SB: 01:32.46 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:45.34	01:32.46	
	00:45.34	00:47.12	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 12:06
Heat: 5/11 Lane : 1 Athlete: BEERTEN FLORENCE			Q-time: 01:28:89
PB (50m pool): 01:28.89 Genk 01/02/2026			PB (25m pool): 01:29.80 SB: 01:28.89 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.71	01:28.89	
	00:42.71	00:46.18	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 12:06
Heat: 5/11 Lane : 4 Athlete: MOONS CHARLINE			Q-time: 01:27:74
PB (50m pool): 01:27.74 SportinGenk Park 06/04/2026			PB (25m pool): 01:26.33 SB: 01:27.74 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:43.32	01:27.74	
	00:43.32	00:44.42	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 12:06
Heat: 5/11 Lane : 5 Athlete: POEL OONA			Q-time: 01:27:84
PB (50m pool): 01:30.79 Antwerpen 15/03/2026			PB (25m pool): 01:27.84 SB: 01:30.79 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.90	01:30.79	
	00:44.90	00:45.89	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 2 Athlete: BREBELS MAARTJE			Q-time: 01:26:52
PB (50m pool): 01:29.89 Genk 01/02/2026			PB (25m pool): 01:26.52 SB: 01:29.89 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:43.49	01:29.89	
	00:43.49	00:46.40	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 3 Athlete: VREYS ANSE			Q-time: 01:26:05
PB (50m pool): 01:26.46 Wezenberg 04/01/2026			PB (25m pool): 01:26.05 SB: 01:26.46 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.79	01:26.46	
	00:42.79	00:43.67	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 4 Athlete: MOONS AURÉLIE			Q-time: 01:25:61
PB (50m pool): no time			PB (25m pool): 01:25.61 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 12:08
Heat: 6/11 Lane : 7 Athlete: KERFS LENTEL			Q-time: 01:27:32
PB (50m pool): 01:35.72 SportinGenk Park 11/11/2025			PB (25m pool): 01:27.32 SB: 01:35.72 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:35.72	
	no time		
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 12:10
Heat: 7/11 Lane : 7 Athlete: MOORS NORA			Q-time: 01:24:41
PB (50m pool): 01:29.90 SportinGenk Park 11/11/2025			PB (25m pool): 01:24.41 SB: 01:29.90 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:29.90	
	no time		
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 12:10
Heat: 7/11 Lane : 8 Athlete: MEYERS TRAPMAN ANNALINA			Q-time: 01:25:36
PB (50m pool): 01:27.15 Genk 01/02/2026			PB (25m pool): 01:25.36 SB: 01:27.15 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.47	01:27.15	
	00:42.47	00:44.68	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 12:13
Heat: 8/11 Lane : 8 Athlete: ARDU PEPPA JOLENE			Q-time: 01:21:79
PB (50m pool): 01:25.58 Genk 01/02/2026			PB (25m pool): 01:21.79 SB: 01:25.58 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:41.94	01:25.58	
	00:41.94	00:43.64	
			

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+			Heat:10, starttime: 12:17
Heat: 10/11 Lane : 3 Athlete: MOORS YANA			Q-time: 01:17:22
PB (50m pool): 01:17.22 Antwerp 02/02/2025			PB (25m pool): 01:15.68 SB: 01:20.58 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:37.97	01:17.22	
	00:37.97	00:39.25	
			

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 12: 100M BACKSTROKE WOMEN 11+										Heat:10, starttime: 12:17	
Heat: 10/11 Lane : 7 Athlete: VAN HEES LENTHEL										Q-time: 01:17:92	
PB (50m pool): 01:17.92 Antwerpen 08/03/2026										PB (25m pool): 01:18.58 SB: 01:17.92 Antwerpen 08/03/2026	
	5 0 M		1 0 0 M								
PB	00:38.42		01:17.92								
	00:38.42		00:39.50								
											

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+										Heat:10, starttime: 12:17	
Heat: 10/11 Lane : 8 Athlete: CLAES JANNE									Q-time: 01:18:98		
PB (50m pool): 01:21.95 Genk 01/02/2026					PB (25m pool): 01:18.98SB: 01:21.95 Genk 01/02/2026						
	5 0 M		1 0 0 M								
PB	00:39.88		01:21.95								
	00:39.88		00:42.07								
											

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+										Heat:11, starttime: 12:19	
Heat: 11/11 Lane : 5 Athlete: POEL MAREN									Q-time: 01:12:98		
PB (50m pool): 01:15.89 Antwerpen 08/03/2026					PB (25m pool): 01:12.98SB: 01:15.89 Antwerpen 08/03/2026						
	5 0 M		1 0 0 M								
PB	00:36.03		01:15.89								
	00:36.03		00:39.86								
											

Coach feedback:

Event number: 13: 400M MEDLEY MEN 13+							Heat:1, starttime: 12:21	
Heat: 1/2 Lane : 1 Athlete: HERMANS YESSE							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 13: 400M MEDLEY MEN 13+							Heat:1, starttime: 12:21	
Heat: 1/2 Lane : 2 Athlete: CLAES PEPIJN							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 13: 400M MEDLEY MEN 13+							Heat:1, starttime: 12:21	
Heat: 1/2 Lane : 4 Athlete: BIRLOGEANU LUCA							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 13: 400M MEDLEY MEN 13+							Heat:2, starttime: 12:27	
Heat: 2/2 Lane : 2 Athlete: JANSSEN THIBE							Q-time: 05:42:90	
PB (50m pool): 05:48.65 Mol 22/06/2025			PB (25m pool): 05:42.90 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.15	01:24.66	02:09.84	02:54.28	03:43.26	04:32.31	05:11.75	05:48.65
	00:37.15	00:47.51	00:45.18	00:44.44	00:48.98	00:49.05	00:39.44	00:36.90
								

Coach feedback:

Event number: 13: 400M MEDLEY MEN 13+							Heat:2, starttime: 12:27	
Heat: 2/2 Lane : 4 Athlete: JORISSEN RUBE							Q-time: 04:48:82	
PB (50m pool): 05:00.61 Antwerpen 28/07/2024			PB (25m pool): 04:48.82 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:00.61
	<i>no time</i>							
								

Coach feedback:

M.Christophe Jorissen: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 13: 400M MEDLEY MEN 13+							Heat:2, starttime: 12:27	
Heat: 2/2 Lane : 5 Athlete: CLAESKENS MILAN							Q-time: 05:05:04	
PB (50m pool): 05:05.04 Genk 01/02/2026				PB (25m pool): 04:50.12 SB: 05:05.04 Genk 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.78	01:06.68	01:46.74	02:25.66	03:12.07	03:58.51	04:33.40	05:05.04
	00:30.78	00:35.90	00:40.06	00:38.92	00:46.41	00:46.44	00:34.89	00:31.64
								

Coach feedback:

Event number: 13: 400M MEDLEY MEN 13+							Heat:2, starttime: 12:27	
Heat: 2/2 Lane : 6 Athlete: FREDERIX LOU							Q-time: 05:32:84	
PB (50m pool): 05:32.84 Antwerpen 20/07/2025				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.56	01:17.35	02:00.62	02:42.27	03:27.97	04:14.74	04:54.41	05:32.84
	00:33.56	00:43.79	00:43.27	00:41.65	00:45.70	00:46.77	00:39.67	00:38.43
								

Coach feedback:

Event number: 14: 400M MEDLEY WOMEN 13+							Heat:2, starttime: 12:47	
Heat: 2/2 Lane : 4 Athlete: PUT FIEN							Q-time: 05:24:13	
PB (50m pool): 05:24.13 Antwerpen 08/03/2026				PB (25m pool): 05:20.06 SB: 05:24.13 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.64	01:13.46	01:55.96	02:37.55	03:22.15	04:07.97	04:47.10	05:24.13
	00:33.64	00:39.82	00:42.50	00:41.59	00:44.60	00:45.82	00:39.13	00:37.03
								

Coach feedback: